

Trauma Informed Care Evidence-Based Benefits

- Decrease in the use of seclusion and physical restraints (Chandler, 2008; Azeem et al., 2011; Muskett, 2014; Bryson et al., 2017; Lowenthal, 2020; Kelly et al., 2023).
- Health care providers report that a greater awareness of trauma helps shift perceptions of patient behaviours (Chandler, 2008; Regan, 2010; Goddard, 2021).
- Client satisfaction and the number of planned discharges improved significantly (Hales, Green & Nochajski, 2018)
- Cost effective treatment (Domino et al., 2005; Community Connections, 2005; Stroul et al., 2015; Mongeau, 2017).
- Improved organizational outcomes: workplace satisfaction, climate, and procedures (Community Connections, 2005; SAMHSA, 2011; Hales , Green and Nochajski, 2018);
- Decreased patient use of acute care and crisis services (SAMHSA, 2011)
- Greater collaboration with patients, and less perceived stress experienced by patients (Muskett, 2014)
- Children/youth receiving ARC showed reduced trauma, stress symptoms, drug use and mental health symptoms; increased adaptive and social skills (Trauma Center at Justice Resource Center, 2018)



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MATTER**

